

Yoga at Huntingdon House



with Jacqueline

Root to Rise (and Shine!)

a morning practice to start your day

5k and Stretch

enjoy a guided run on the trails of the area followed by a yummy post-run stretch

Goodnight, Moon...Salutation

a relaxing evening practice

Schedule Your Experience



softtpedallife@gmail.com

343.261.3304

allow 60 minutes for each session

yoga mats provided

indoors or outdoors, weather permitting

24 hour cancellation required or full fee applies

60\$ per session

See you on the mat!